

SANDHILLS CENTER

A LOCAL MANAGEMENT ENTITY - MANAGED CARE ORGANIZATION

Medication Worksheet Review

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for
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Overview

- On the medication worksheet I have listed a combination of:
- Antipsychotics
- Sedatives
- Anxiety medications
- Diabetes, hypertension, cholesterol and
- Over the counter medications

Worksheet Scenarios

3 consumers living in supervised living and receiving PSR

All diagnosed with Schizophrenia, 1 also has diabetes, 1 has diabetes, anxiety and hypertension and the 3rd one has high cholesterol

I have included over-the-counter medications also

Antipsychotics

- Clozapine (Clozaril)
- Prolixin (Deconate)
- Haldol
- Risperidone
- Zyprexa
- Thorazine
- Trilafon

Side Effects from Antipsychotics

- Drowsiness, dizziness, blurred vision
- Rapid Heartbeat
- Sensitivity to the sun, skin rashes
- Weight gain
- Rigidity, persistent muscles spasms
- Tremors, restlessness
- Tardive dyskinesia

Other interactions

Consumption of alcohol, you may see increased sedation or central nervous system depression

Excessive intake of caffeinated beverages may cause diminished effect of psychotropic meds

Diabetics on antipsychotics may have excessive weight gain and this should be monitored

Polypharmacy

- 2 or more antipsychotics may be an indication of polypharmacy and you may want to discuss with your Clinical Director or Medical Director for further review
- Polypharmacy also includes multiple drugs the same class in any area and may need to be reviewed internally with QM/Clinical staff

Informed consent

- Informed consent for antipsychotics should be obtained at the time the prescription is written and a copy should be in the consumer's record
- Medication education should be given for all medications at the time they are prescribed

Resources

- Wikipedia nice alphabetical list of psychiatric medications
- WebMD you can type in medical condition (depression, anxiety, etc.) and you will pull up a list of medications. Once you click on any one, it will also list the side effects to watch for.

Staff Responsibilities

- Any one giving medications should have an understanding of how medications works and potential side effects
- This could be included in client-specific training for the staff
- Presence or absence of side effects should be documented, and when noted should be included in documentation.

Over the Counter Medications

- Vitamins, Fish Oil, Cold Remedies, etc may cause interactions with prescription medications.
- In your chart review you should be aware of that and look to see that they are listed on the medication list that are reviewed by the consumer's prescriber.

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